

**Philippine Center for Diabetes Education Foundation, Inc.
(Diabetes Center Philippines)
25th National Assembly of Diabetes Educators (NADE)
NADE 2019 Program
Diabetes is a Family Affair
Saturday, November 9, 2019
Garden Ballroom, EDSA Shangri-La Hotel**

7:00-8:00 am Registration

Ma. Princess L. Kanapi
Master of Ceremonies

8:00-8:30 am Opening Ceremonies

National Anthem

AVP

Invocation

AVP

Opening Remarks

Joy Arabelle C. Fontanilla, MD

Plenary lectures:

8:30-9:00 am **Diabetes-friendly meals the whole family will love**

Speaker: Maricar M. Esculto – Khan, RND, MD

9:00-9:30 **Male Urologic Health and Diabetes**

Speaker: Jose Vicente T. Prodigalidad, MD, FPCS, FPALS

9:30-9:45 Open forum

9:45-10:15 **Snack symposium**

10:15-10:45 Opening of Exhibits / Visiting of Exhibits

10:45-11:15 **Diabetes & pregnancy care – Pre-, during & post-conception**

Speaker: Monica Therese Cating-Cabral, MD, FPCP, FPSEDM

11:15 am-11:45 AM **Unique considerations in managing diabetes in the young**

Speaker: Susana Padilla-Campos, MD

11:45 – 12:00 pm Open forum

12:00-12:15 pm **Induction of New Associate Diabetes Educators**

Dr. Augusto D. Litonjua, Dr. Tommy Ty Willing, Dr. Cynthia Halili-Manabat

12:15-1:30 pm **Lunch symposium**

1:30-2:00 **Best practices in the family approach to diabetes education**

Speaker: Nemuel S. Fajutagana, MD

2:00-2:30 **Diet can reverse diabetes: Fact or fiction?**

Speaker: Joy Arabelle C. Fontanilla, MD, FACE, FPCP, FPCDE, FPSEDM

2:30-2:45 Open Forum

2:45-3:15 **Snack symposium**

3:15-3:45 Visit booths/exhibits

3:45-4:15 **Diabetes burnout: Coping tips for families and HCPs**

Speaker: Edgardo Juan L. Tolentino, MD, FPPA

4:15-4:45 **Help before I lose my mind!** Dementia prevention in the elderly with DM

Speaker: Mark Henry Y.C. Joven, MD, FPCP, DPSEDM

4:45-5:00 Open Forum

5:00 pm Closing Remarks

Augusto D. Litonjua , MD

Organizing Committee

Joy Arabelle Castillo-Fontanilla, MD

Chairperson, 2019 National Assembly
of Diabetes Educators (NADE)
Co-Chair, Training Programs, PCDEF,
Inc.

Cynthia H. Manabat, MD

Chair, Training Programs, PCDEF, Inc.

Erlinda B. Inocencio

Executive Director, PCDEF, Inc.

Augusto D. Litonjua, MD

Overall Adviser